

## Sexual Assault & Violence Resources

### Individual & Group Support

<b>Catholic Family Services (Sliding scale &amp; non-denominational)</b>	<b>Phone:</b> 613-233-8478 <b>Website:</b> Cfssfc-ottawa.org
<b>Carleton`s Sexual Assault Support Services</b>	<b>Phone:</b> 613-520-5622
<b>Centre for Treatment of Sexual Abuse and Childhood Trauma</b>	<b>Phone:</b> 613-233-4929 <b>Website:</b> Centrefortreatment.com
<b>FSO Family Services of Ottawa</b>	<b>Phone:</b> 613-725-3601 <b>Website:</b> Familyservicesottawa.org
<b>IWSO Immigrant Women`s Services of Ottawa</b>	<b>Phone:</b> <i>Office:</i> 613-729-3145 <i>Help Line:</i> 613-729-1119 <i>Language Interpretation Services:</i> 613-729-1393 <b>Website:</b> Immigrantwomenservices.com
<b>Jewish Family Services (Sliding scale &amp; non-denominational)</b>	<b>Phone:</b> 613-722-2225 <b>Website:</b> Jfsottawa.com
<b>Lanark County Sexual Assault Support Program</b>	<b>Phone:</b> 1-800-267-7946

<p style="text-align: center;"><b>ORCC</b> <b>The Ottawa Rape Crisis Centre</b></p>	<p><b>Phone:</b> 613-572-2334 <b>Email:</b> <a href="mailto:orcc@magma.ca">orcc@magma.ca</a> <b>Website:</b> Orcc.net</p>
<p style="text-align: center;"><b>SASC</b> <b>Sexual Assault Support Centre of Ottawa</b></p>	<p><b>Phone:</b> 613-725-2160 <b>Website:</b> Sascottawa.com</p>
<p style="text-align: center;"><b>St. Paul University</b> <b>Counselling Centre</b></p>	<p><b>Phone:</b> 613-782-3022 <b>Email:</b> Counselling@ustpaul.ca</p>
<p style="text-align: center;"><b>Women, War, Rape &amp; Torture Program</b> <b>(SASC)</b></p>	<p><b>Phone:</b> 613-260-2360 x225 <b>Email:</b> <a href="mailto:womenandwar@sascottawa.com">womenandwar@sascottawa.com</a></p>
<p style="text-align: center;"><b>YWAR</b> <b>Young Women at Risk Program</b> <b>(SASC)</b></p>	<p><b>Phone:</b> 613-725-2160 x224 <b>Email:</b> <a href="mailto:ywar@sascottawa.com">ywar@sascottawa.com</a></p>
<p style="text-align: center;"><b>YSB</b> <b>Youth Services Bureau</b></p>	<p><b>Phone:</b> Ottawa: 613-729-1000 West End: 61-596-5621 Mobile Crisis Unit: 613-572-3004 <b>Website:</b> Ysb.on.ca</p>